

## RGTS Pastoral Package

<b>Pastoral Week</b> <b>Tutor time – 9:00 – 9:20am</b>		
MON	<b>The week Ahead</b>	<ul style="list-style-type: none"> <li>Tutor delivers a PowerPoint with materials to support students with the week ahead</li> <li>Responsive to any issues faced in the previous week</li> <li>Sharing lots of good news, positive messages, quotes and THUNK of the week</li> </ul>
TUES	<b>Assembly</b>	<ul style="list-style-type: none"> <li>Revised assembly programme responsive to the needs of the current climate                             <ul style="list-style-type: none"> <li>11/01 – Welcome to Remote Learning – Expectations</li> <li>18/01 – Internet Safety</li> <li>25/01 – Holocaust Memorial Day</li> <li>01/02 – LGBT History Month</li> <li>08/02 – Internet Safety Day</li> <li>22/02 – Responsibility – Taking control of your Remote Learning (<i>if lockdown continues</i>)</li> </ul> </li> </ul>
WED	<b>Live Bubble – Group 1</b>	<ul style="list-style-type: none"> <li>Picture News/Current affairs resource covered with students</li> <li>Guided discussion material provided with supporting slides</li> <li>5 minutes at end allocated to check in and answer any remote learning queries</li> </ul>
THU	<b>Live Bubble – Group 2</b>	<ul style="list-style-type: none"> <li>Picture News/Current affairs resource covered with students</li> <li>Guided discussion material provided with supporting slides</li> <li>5 minutes at end allocated to check in and answer any remote learning queries</li> </ul>
FRI	<b>Well-being and PSHE</b>	<ul style="list-style-type: none"> <li>Tutor delivers a PPT with strategies on how to manage well-being                             <ul style="list-style-type: none"> <li>11/01 Be Kind</li> <li>18/01 Managing your workload</li> <li>25/01 Minimising Screen time during a lock down</li> </ul> </li> </ul>

## Other methods of pastoral support

	Frequency	Overview
<b>Newsletter</b>	Once a week	<ul style="list-style-type: none"> <li>Fun Activities for students to engage with – Minimising screen time</li> <li>Well-being guidance and tips</li> <li>EGO – Provides weekly recommended reading and a reading challenge</li> </ul>
<b>Character Building Lessons</b>	1 lesson per week	<ul style="list-style-type: none"> <li>PixL – Build Up Resources – Narrated Lessons: These are aimed to help students keep their mental, social and physical well-being healthy during this time. These can also be accessed after the sessions so students can go back and refresh themselves on the ideas and activities spoken about during the sessions.</li> <li>Resources that will support students with developing and building transferable skills such as how to communicate online in a professional manner, how to build up support networks and begin to look at what careers may interest them.</li> <li>Placed on MS Teams Pastoral Year Group Areas</li> </ul>